

Apex Fall Preseason Mini Camp - Girls 10-13

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August 21, 23, 25 - 6:00-7:30pm - NYA Sports and Fitness Center

Apex Soccer is proud to present a skill based mini camp this August to help girls ages 10-13 prepare and sharpen their skills for the fast approaching fall season. This camp will be geared towards teaching the girls proper technique, tactics, and situational decision making. The first night of camp will be an attacking oriented session with focus on shooting technique, finishing, set pieces (free kicks and corners), attacking moves, and decision making. The second night of camp will be a defending session with focus on containment technique, timing, situational defending, defending tactics and decision making. The third night will be an organized scrimmage with coaching points, small sided and full play. On staff for the apex mini camp this year will be Collegiate and High School coaches.

Price - \$75 for 3 sessions

- \$30 for 1 session

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